

# HARMONOGRAM ZAJĘĆ DLA STUDENTÓW - SIŁOWNIA UEK - SEMESTR ZIMOWY 2025/2026

| dni tygodnia  | PONIEDZIAŁEK       | WTOREK                    | ŚRODA                   | CZWARTEK                       | PIĄTEK                         |
|---------------|--------------------|---------------------------|-------------------------|--------------------------------|--------------------------------|
| 7:30 - 9:00   |                    |                           |                         |                                |                                |
| 9:00 - 10:30  |                    | WF K+M<br>A.Kozubowski    | WF K+M<br>A. Kozubowski | WF K+M<br>A.Kozubowski         |                                |
| 10:30 - 12:00 |                    | WF K+M<br>A. Kozubowski   | WF K+M<br>A. Kozubowski | WF K+M<br>A. Kozubowski        | Siła i Sylwetka K<br>A. Kieres |
| 12:00 - 13:30 | WF K+M<br>M.Sumara | WF K+M<br>A. Kozubowski   | WF K+M<br>A. Kozubowski | Siła i Sylwetka K<br>A. Kieres |                                |
| 13:30 - 15:00 | WF K+M<br>M.Sumara |                           |                         |                                |                                |
| 15:00 - 16:30 | WF K+M<br>M.Sumara |                           |                         |                                |                                |
| 16:30 - 18:00 |                    |                           |                         |                                |                                |
| 18:00 - 19:30 |                    | WF K+M<br>L. Walankiewicz |                         | WF K+M<br>L. Walankiewicz      |                                |
| 19:30 - 21:00 |                    | WF K+M<br>L. Walankiewicz |                         | WF K+M<br>L. Walankiewicz      |                                |